

SUMMER CAMP
August 11-17, 2019
FINAL INSTRUCTIONS



**PARENT &
CAMPER
HANDBOOK**

Please read the contents thoroughly.

2019 SUMMER CAMP FINAL INSTRUCTIONS PARENT & CAMPER HANDBOOK

Welcome to our 2019 season at Camp Wenonah! We look forward to welcoming new campers, and also welcoming back our old friends for another great year at Camp.

We are very excited to have campers and staff attending Wenonah in 2019 from across Canada and from such countries as Barbados, Belgium, Bermuda, Chile, China, Columbia, France, French West Indies, Germany, Ireland, Italy, Japan, Mexico, Poland, Russia, Singapore, South Africa, Spain, Switzerland, United Kingdom, and the United States!

It has been a busy off-season!! As always, we have worked hard over the winter to maintain and improve our facilities and to further develop our programs and services. We're delighted with the results and we're sure you will be, too.

We hope that this booklet provides everyone with the necessary information to plan for Camp in an efficient manner. It is our hope that you read it thoroughly and discuss the contents with your camper. Reviewing this Handbook helps campers to be comfortable with routines and expectations.

On behalf of our entire staff team, we look forward to seeing everyone soon! Here's to our greatest camping season ever!

*Ian Wiseman, Summer Camp Director
Caron Brick, Director of Administration
Jeff Bradshaw, Executive Director*

CONTACT INFORMATION

BURLINGTON OFFICE (Year Round)

Camp Wenonah
1-3540 Commerce Court
Burlington, Ontario, Canada
L7N 3L7

Phone: (905) 631-2849
Fax: (905) 631-2850

E-MAIL CONTACTS :

Campers at Camp/Muskoka Office:
Registration/Burlington Office:
Personal/Confidential Concerns (Ian Wiseman)
Camp Kivita

MUSKOKA OFFICE (June 17 – August 24)

Camp Wenonah
1324 Bird Lake Road, RR #3
Bracebridge, Ontario, Canada
P1L 1X1

Phone: (705) 645-6163
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PROMOTIONAL PICTURES/SLIDES

Each year, many pictures are taken at Camp to use for our Camp slide show, brochure, website, Camp Archives and, on occasion, for provincial, national and international camping associations. If, for any reason, your child/children should not appear in these pictures, notify us in writing by the start of Camp. Note that campers bring their own cameras and photograph each other as well, and we have no control over how those pictures are used.

WHAT TO BRING TO CAMP

Suggested items to bring to Camp based on a one-week stay at Camp. Camp Wenonah does not accept responsibility for any clothing and/or equipment that is lost or broken while at Camp or during transit by bus.

CLOTHING

- 5-7 T-shirts
- 3-4 pairs of shorts
- 1 pair of pajamas
- 2-3 sweaters/sweatshirts
- 2-3 long-sleeved shirts
- 3-4 pairs of long pants
- 2 bathing suits
- 2 beach towels
- 1 towel/facecloth
- 7-10 pairs of underwear
- 7-10 pairs of socks
- 2 pairs of running shoes
- 1 pair of sandals / water shoes (*for showers*)
- 1 pair of rubber boots
- 1 jacket
- 1 sunhat/baseball cap
- 1 rain gear (*durable jacket recommended; no ponchos or windbreakers*)

EQUIPMENT

- sleeping bag or blanket
- fitted sheet
- pillow
- flashlight and extra batteries
- insect repellent (*10-30% deet - non-aerosol*)
- toiletries (*comb, toothbrush, toothpaste, deodorant, kleenex, sanitary needs*)
- shampoo & soap (*phosphate & nut free - help us maintain a healthy environment at Camp!*)
- sunscreen (*minimum SPF 30*)
- personal water bottle (*labelled with camper's name*)

OPTIONAL

- camera/film
- stuffed animal
- fishing rod
- self-addressed, stamped envelopes/writing paper (*for letters home*)
- tennis racquet
- acoustic guitar
- white shirt for tie dying
- books/comics
- deck of cards/board games

NOTES

There is no need to pack anything beyond those items listed on our Packing List. It can be damaging to the Camp experience when other items are sent. Camp is unique in that it is one of the few places where a child can be free of inequities. The more “stuff” that campers have in their possession, the more inequities are present in a cabin group. Help us create a positive experience for all campers by **NOT** sending the following items to Camp:

- | | |
|--|--|
| × candles | × laptop computers |
| × expensive clothing | × lighters or matches |
| × curling irons | × fans |
| × food or packages in contravention of our food policy | × cigarettes |
| × hair dryers | × expensive jewelry |
| × fire crackers | × drugs |
| × DVD players | × power bars |
| × body piercing equipment | × alcohol |
| × electronic games (<i>including PSPs and Game Boys</i>) | × walkie talkies |
| | × weapons or anything that looks like a weapon |
| | × iPods, Mp3 players, CD players, stereos |

**** Please visit Page 9 for more information about personal communication devices at Camp.**

PACKING TIPS

A few suggestions when packing for Camp:

1. Label all clothing items. Information regarding the Mabel’s Labels program can be found on their website (<https://www.mabelslabels.com/>). We recommend all equipment be labeled (adhesive tape or waterproof marker is best). Never assume that your child will recognize an item, no matter how unique it is!

Labeling Tips:

- ✓ clearly label all clothing
 - ✓ use a black permanent marker on white labels (a laundry marker works best)
 - ✓ use iron-on name tags (especially good for dark clothing)
 - ✓ use nail polish to mark metal or plastic objects
 - ✓ label items with a last name, or a full name (initials are not usually helpful)
 - ✓ beware of last-minute items that get “thrown in” without labels
 - ✓ label disposable cameras - they all look identical!
 - ✓ label ALL non-clothing items (cameras, sleeping bags, footwear, rain gear, etc.)
2. Mark all luggage with your family name. (**Hint** - place a list of what you sent to Camp on the inside flap of your luggage so when it comes time to go home, the list can be referenced to make sure all is taken back home. Keep an extra copy at home so you can cross-reference with what actually comes home).
 3. There is no need to buy new clothes for Camp! Send clothes that are comfortable and well-used!
 4. Do not send anything to Camp that you are not willing to risk losing.
 5. Keep packing as simple as possible...watch out for the tendency to overpack for a stay at Camp...be realistic! Space in cabins is limited.
 6. Include your child in the packing process. This helps to reduce lost and found items because the child will be able to recognize what was packed by the parent, and it also helps the camper’s sense of independence and readiness for the Camp experience.
 7. Cabins do not have shelf or “cubby” space - luggage is stored under the bunk beds. There is 12 inches of space under the bunks. Suitcases, duffel bags, and low Rubbermaid containers work well. Trunks do not fit under a bunk bed.

BEHAVIOUR POLICY

We strongly believe that every person has the right to feel safe, both physically and emotionally, at Camp Wenonah. When the aims of the “Ways We Care” are not met, and challenges present themselves, a hierarchical problem-solving method of intervention is used and every effort is made to remedy various situations of mild/minor behaviour at the immediate level. The Camp staff are trained to work with understanding, care and patience. Corporal or physical punishment is not permitted, nor are humiliating or degrading measures.

We want to avoid having more serious, but increasingly common, social problems filter in to the Camp environment. In addressing these issues, we hope to prevent the kinds of problems that plague schools and communities from happening at Camp. A safe environment requires the complement of safe practices and consistent consequences. Campers, POLARIS and WCITs are asked to agree to a Code of Conduct to indicate they understand the rules and the potential consequences of violating them.

Mitigating factors are taken into consideration when consequencing camper behaviour. Additional consequences may be added (for example: in the case of vandalism we may require the person to remove graffiti or repair damage). Any violation of the laws of the Province of Ontario results in automatic dismissal.

The Camp Administration reserves the right to withdraw any camper without warning who, in their opinion, compromises the physical or emotional safety of any person at Camp, or who is an immediate hazard to the safety of themselves or others.

**CAMPERS WHO ARE SENT HOME DUE TO VIOLATION
OF BEHAVIOUR POLICIES OR THE CODE OF CONDUCT
ARE SENT HOME AT FAMILY EXPENSE.**

One of our Directors will be pleased to discuss this policy if it requires further clarification. Feel free to contact us through our Burlington office (905-631-2849) in advance of Camp, or by e-mail (info@campwenonah.com).

CODE OF CONDUCT

CODE OF CONDUCT		clear warning	oral report to Director	written report to Director	phone call to parent(s)	dismissal from camp
Problem Area	Description	Potential Consequence				
Alcohol	Consumption or possession of alcohol on Camp property or while in the Camp's charge				X	X
Bullying	Physical assault or aggression, threat of physical aggression, ongoing and deliberate exclusion, emotional abuse and/or harassment	X	X	X	X	X
Defiance	Refusal to comply with persons in authority	X	X	X	X	
Disorderly Conduct	Persistent opposition to authority, behaviour contrary to the positive moral tone and stance of the Camp	X	X	X	X	X
Drugs - legal	Use of non-prescription or prescription drugs not administered or approved by a Health Care professional (including the Camp Nurse or Administration)	X	X	X	X	X
Drugs - illegal	Use or possession of illegal drugs on Camp property or while in the Camp's charge				X	X
Harassment	Repeated comments or conduct that is known or ought to be known as unwelcome (including racial discrimination and slurs)	X	X	X	X	X
Marijuana	Use or possession of marijuana on Camp property or while in the Camp's charge				X	X
Profanity	Swearing, or the use of obscene or foul language	X	X	X	X	
Sexual Activity	Engaging in sexual activity which compromises the physical or emotional safety of the self or others	X	X	X	X	
Smoking	Use of any tobacco products (not limited to cigarettes) on Camp property or while in the Camp's charge				X	X
Theft	Taking or possessing property without the permission of the owner			X	X	X
Vandalism	Acts of vandalism include graffiti and the willful destruction of property	X	X	X	X	X
Weapons	Possession, use of, or threat of use of a weapon (including but not limited to a firearm or knife)				X	X

BUS TRANSPORTATION TO / FROM CAMP

CAREFULLY read the following regarding arrival to and departure from Summer Camp. Camp Kivita starts on a Sunday and ends on a Saturday.

Through an exclusive arrangement with Hammond Transportation of Muskoka, we enjoy the comfort of air conditioned, luxury highway coaches for all our travel to and from Camp. Highway Coach bus transportation is available from Julliard Public School, 61 Julliard Dr., Maple, ON for Summer Camp participants.

WENONAH / KIVITA BUS STOP – JULLIARD PUBLIC SCHOOL

Julliard Public School
61 Julliard Dr
Maple, Ontario L6A 3W7

Julliard Public School is located north of downtown Toronto, at Highway 400, north of Rutherford Road, just south of Canada's Wonderland. From Highway 400 North, exit at Rutherford Road. Continue on Rutherford Road turning left onto Julliard Dr. Julliard Public School is due north across Rutherford from our longtime stop at Vaughan Mills Mall.

BUS TO CAMP

Note the following about bus service for Kivita campers to Camp on **SUNDAY, AUGUST 11, 2019:**

- **Plan on arriving between 8:00am to 9:00am, the bus leaves promptly at 9:30 am**
- Campers may bring a nut-free snack (first meal at Camp is a late lunch)
- Camp Kivita staff are aboard the buses and take attendance
- Please note that buses depart at their scheduled time...we do not wait for those who are late

BUS FROM CAMP

Bus departs Wenonah on **SATURDAY, AUGUST 17, 2019** and arrives at Julliard Public School at **12:30 pm.**

- We ask for your patience when traffic is slow and buses are delayed

CAR TRAVEL TO/FROM CAMP

CAR DROP OFF TIME – SUNDAY, AUGUST 11, 2019, 10:30-11:00AM

On arrival day the buses drop off campers at Camp between 11:00 and 11:30 am, and have to navigate the narrow Camp road. Therefore, we ask that parents dropping off campers by car not arrive AFTER 11:00 am. Help us to avoid congestion and traffic problems!

Upon arrival at Camp by car, please check-in at the Main Office. Camp Staff will take campers to cabins to get settled in their cabins.

DO NOT ARRIVE EARLIER THAN THE STATED ARRIVAL TIMES

(staff are in meetings making general preparations for the start of each new Period).

***UNDER NO CIRCUMSTANCES WILL CAMP WENONAH ACCEPT CAMPERS
BEFORE THE EARLIEST CAR DROP-OFF TIME ABOVE.***

CAR PICK UP TIME – SATURDAY, AUGUST 17, 2019 10:30-11:00 AM

Prior to your departure from Camp, go to your child's cabin to pick them up and get their luggage. Be sure to get their designated envelope from the cabin leader (which includes any awards earned for levels achieved). Be sure you check out with your child's cabin leader.

DIRECTIONS TO CAMP WENONAH

Camp Wenonah is located 20 minutes east of Bracebridge, six kilometers north of Highway #118. Visit our website to print or view a detailed map.

DURING CAMP

FIRST TIME CAMPERS

It continues to be our policy to call all families of first-time campers following their first 48 hours at Camp. You will receive a phone call from Camp on the first Tuesday of your child's stay. If we are unable to reach someone directly, a message will be left. If, after several attempts, we are unable to reach a parent or we are unable to leave a message, we will not continue. Calls are made to campers' homes.

CONTACTING THE WENONAH OFFICE

Burlington Office (905-631-2849)

- Open regular hours during the Summer months.
- Monday - Friday, 9:30 am - 4:30 pm
- Associate Director Caron Brick is available to help you

Muskoka Office (705-645-6163)

- Open seven days a week during Summer Camp
- We do our best to answer all calls; however, based on the Camp schedule we cannot guarantee someone will always be in the office .
 - If your call is not answered, please leave a detailed message and we will return your call as quickly as possible.

THE WENONAH OFFICE CONTACTING YOU

Don't be alarmed if someone from Camp Wenonah contacts you during your child's stay. Most often there is some bit of administration that needs clarification or confirmation, and it does not mean that anything is wrong.

We will contact you if your child has to go to the hospital or to the doctor's (non-emergency and emergency situations), is having severe homesickness, or at the Camp Director's discretion for behavioural problems. We do not automatically contact you if your child visits the Health Centre during the day for a minor issue. If you wish us to handle this in any other way, please make this request in writing prior to the start of Camp.

If there is a medical emergency, we make every attempt to contact you - first at your home or main number, then at work, then at any alternative numbers you have provided (cell phone or cottage). If we cannot reach you, we then contact the person you listed as the emergency contact. It is important to make your wishes known to any person acting as your emergency contact. In the case where a decision is necessary and contact has not successfully been made, the Camp Director will need to make a decision on your behalf, in your child's best interest. We will, of course, continue to try and reach you until we make contact.

COMMUNICATION DEVICES AT CAMP

We STRONGLY encourage campers to NOT bring a device to Camp. This contradicts the foundation of the Camp experience and the development of independent living and decision-making skills. Any device found in cabins or anywhere else in Camp will be taken and returned to the camper on the last day of Camp.

For many of the same reasons that we would prefer not to have communication devices at Camp, campers do not have access to phones in our offices. Please do not encourage your campers to call home. It continues to be our policy to contact families if any concerns arise including extreme homesickness.

Except in the case of emergency our office staff do not permit camper use of the main phone. Any messages for campers are delivered with regular Monday-Friday mail.

INCOMING MAIL FOR CAMPERS

Please address any letters to:

Your Child's Name / Period(s) Attending / Cabin Name
Camp Wenonah
1324 Bird Lake Road, RR #3
Bracebridge, Ontario
P1L 1X1

- Mail is delivered to Camp each weekday.
- Incoming mail takes a few days to arrive at Camp (about four days from Toronto).
- Mail that arrives after your child has left for Camp is "returned to sender."

OUTGOING MAIL FROM CAMPERS

- Mail is put in an outgoing mailbox each weekday (please note outgoing mail often takes longer to travel than incoming mail. We encourage families to include pre-addressed, pre-posted envelopes for their children to simplify the letter writing process. Stamps are available for purchase from the General Store. Sometimes, parents may get a letter that is sad or upsetting. Keep in mind that the letter was written a few days before you got it, during a settling-in period or during what your child perceives to be a difficult time. Most

often the problem will have been resolved by the time you read the letter. However, if you notice a pattern or receive news that is worrisome, please contact the Camp and speak with one of the Directors.

CARE PACKAGES

- We strongly discourage families from sending care packages to Camp – please plan ahead and pack all necessary items for a Camper’s arrival.
- Care packages can create undue competitiveness, feelings of exclusion or disappointment and can lead to negative cabin dynamics. Time at Camp is best spent away from the pressures of material possessions.
- We do allow families to send packages in the case of a camper’s birthday, in this case:
 - Please ensure the package does not contain food.
 - Try and keep packages as small as possible for ease of transportation and storage.
 - We also encourage any families dropping their children off by car to leave packages in the office to be delivered on a certain date. This avoids involving the postal system, which is easier for all.
- In the case of your child requiring any “emergency” items that were forgotten, please let the Camp administration know and post the package to the Camp vs. the Camper, we will then ensure the items are delivered to your child.

EMAIL

Reach your camper quickly by sending an email to campers@campwenonah.com

- ✓ Include your child’s name and cabin name in the subject line.
- ✓ Limited to one email per camper per day.
- ✓ Our emails are checked once a day (early in the morning or late at night to allow time during the day for sorting) and are delivered to cabin mailboxes each day. Staff will then deliver to Campers on a daily basis.
- ✓ Limit emails to text only. We do not print animated greeting cards or digital photos.

Please don’t

- ✓ Put us on any lists of forwards or mass e-mails.
- ✓ Give the Camp email address to anyone outside of the family.
- ✓ Send inappropriate content. We do not read emails, but they are not private when printed. We do not pass along anything obviously inappropriate.

In the case that any information has changed (updated transportation information, update to emergency contact, etc...) please contact the Camp Office directly versus sending this information to your campers as this information is rarely passed along.

FOOD SERVICE

Under the direction of Executive Chef, Brad Laidlaw, three meals, plus snacks, are prepared each day. We have many campers and staff who require a special diet while at Camp. We ask for any information or instructions regarding special diets to be included when completing the Final Forms. Any changes made, need to be communicated to the Wenonah Office at least **three weeks in advance** of that Camper’s arrival at Camp.

Alternative Menus can be accommodated based upon:

- Allergies and/or medical reasons
- Religious Beliefs
- Well established / long-standing personal lifestyle choices
- Parental preference for their children

Please Note: We do not accommodate based upon:

- Individual taste and/or preferences
- Diets or dieting without advanced written notice.

Once a Special Diet has been selected and an alternative menu has been made, it is the expectation of Wenonah that Campers will remain on that alternative menu for the remainder of their time at Camp.

For those who need special diets or have food allergies, notification in writing is required at the Muskoka Camp Office at least **three weeks in advance** of the first day of the Camp Period attending. Copies of the two-week menu are available on our website.

If your child has a **food allergy**, indicate this on the Medical Form in detail so that the Chef can make accommodations.

- If your child's food allergy is life-threatening and may require the chef to make extensive modifications, please notify the Camp Director directly to make arrangements.
- Some restrictions may require supplementary food to be sent by parents for the kitchen to prepare.

The prevalence of **eating disorders** among adolescent children is increasing dramatically. Campers sometimes decide to "experiment" with disordered eating at Camp (away from parents' supervision). As part of our commitment to keeping children safe, we do not allow dieting or experimentation at camp. That is why we ask for advance notice of (and your consent for) specific dietary requirements.

NUT POLICY

Our entire Summer camping season is designated as "nut aware." We welcome many people to Camp who have life-threatening nut allergies. We will not compromise their safety during their stay at Camp. Our Summer Camp menu is created with this in mind. All food served through the kitchen and on out-trips is carefully screened so that nothing is labelled as containing or "may contain" any nut products.

Any food items sent by families should be cleared in advance of Camp with our Summer Camp Director, and **MUST NOT** contain nuts, nut products or traces of nuts; have come in contact with nuts (like bulk food); or be made in a facility that also processes nuts.

BIRTHDAYS AT CAMP

Our food service staff prepare birthday cakes for all Campers for their special day at Camp. It is not necessary to request or send a cake. If your child has a birthday at Camp, you can leave or send a birthday package, but please do not include any food.

FOOD POLICY

PLEASE **DO NOT** BRING FOOD ITEMS TO CAMP. There are plenty of snacks available, and we ask you NOT to send food with your camper. Between snacks, fruit available in the Lodge, and General Store items, plenty of food is available to campers during their stay at Wenonah.

HEALTH SERVICES

MEDICATION

If your child brings any prescription medication to Camp:

- **Medication MUST be brought to Camp in the original container.** It is not legal for our nurses to dispense medication from any other container, including weekly pill organizers. Your child will not receive their medications if they are not in their original containers.
- **Send clear instructions in writing** for the administration of medication, including the reason for taking it and usual timing. Camp staff cannot accept verbal instructions.
- **Send enough medication to last the full Camp Period attending.**

Please have medication ready to give the Camp Kivita nurses at the bus pickup or when you drop your child off at Camp. Medication will be returned to you when you pick your child up.

CHECK YOUR CHILD

Campers should not come to Camp with known communicable diseases or health nuisances (such as chicken pox, lice, viral infections, rashes, athlete's foot, impetigo, etc.). If your child has been exposed to anything communicable within three weeks of the start of their Camp session, alert the Camp Office. Together, we will determine whether to consider keeping your child at home for an extra day or so. In the event that a camper arrives at Camp unaware that he/she has a communicable illness, we will let families of campers in that child's cabin know their child has been exposed.

Ensure that young female campers know about and understand menstruation and have appropriate sanitary napkins. It is not unheard of for the onset of menses to begin at Camp.

HEAD LICE

Please check your child thoroughly for head lice/nits within three days of their first day at Camp. As part of our "No-Nit Policy" everyone is checked by Camp staff during their first day of Camp. The potential for head lice to spread in a communal setting is very high. We are proactive and try to avoid the kinds of problems that other Camps and schools have experienced. We strictly adhere to this policy.

If your child comes to camp with nits or head lice:

Option 1 – Child goes home for treatment

- We will contact you and you have the choice to come pick up your child, who cannot return to camp until you have clearance (a letter) from a lice removal company stating that your child is free of lice.
- If you choose to pick your child up, we expect that arrangements WILL be made to pick up a child with head lice from Camp as soon as we notify you.

Option 2 – Child is treated at camp

- We will use a professional company to do the lice removal and families will be responsible for the cost of this service. The charge for lice treatment at Camp Wenonah is \$350.
- We adhere to the recommendations outlined by the World Health Organization and the Canadian Society for Pediatrics with regards to our management of lice. If your child is treated while at camp, we will use an approved, effective insecticide. We will **not** use homeopathic or naturopathic methods.

While head lice is not uncommon for children, it can be a very distressing experience for your child to have lice discovered at Camp. Please avoid this by checking for it or treating it at home.

SUN SAFETY

We are a Sun Safe Camp (as certified by the Melanoma Network of Canada) and all staff are trained to promote sun safety for your child.

- Sunscreen is available at the Health Centre and all program areas should campers run out.
- Water taps can be found around camp.
- Campers are encouraged to wear light clothing that covers shoulders and arms, when not doing water activities.

Help us by packing

- a hat with a brim and sunglasses
- sunscreen for your child (minimum SPF 15, but SPF 30 or higher is preferable)
- a water bottle with your child's name on it

STAFFING NOTES

WENONAH MANAGEMENT TEAM

Camp Wenonah uses a Management Team approach to supervise all activity in Camp. The full-time Camp Wenonah Management Team includes Summer Camp Director-Ian Wiseman, Assistant Director-Lauren Schwartz, Director of Operations-Fraser "Tito" McOuat and Executive Director-Jeff Bradshaw who reside on-site in Muskoka - and Director of Administration Caron Brick and Outdoor Centre Director-Rianne Barette who work from the Burlington Office.

Ian and Lauren oversee the day to day direction of the Wenonah experience. Caron coordinates all Camp administration from Burlington.

FEMALE CABIN LEADERS WITH YOUNGER MALE CABINS

We are continuing our longstanding policy of, on occasion, placing a female cabin leader with our younger (10 years and under) male camper cabins. We have had great success with this in the past. Many of our younger campers appreciate having an older female figure with their group and, for many it helps the transition to Camp from home. A male junior cabin leader also lives in the cabin.

STAFF QUALIFICATIONS

We have high expectations of every staff member, which are reflected in our hiring policies.

- Each staff member completes an interview and a background check.
- Many staff members are returning and have participated in both levels of leadership development programs (POLARIS and WCIT).
- Staff must have a minimum qualification of Bronze Cross, and many have NLS.
- Staff must possess a Standard First Aid & CPR-C certification.
- We also look at qualifications in other program areas which means that counselling and program staff can teach in a variety of areas.

SWIM CHECKS AND COLOUR CORDS

In accordance with Ontario Camps Association Standards, we check the swimming ability of every camper (and staff member). On the first day of Camp, every camper must complete a swim check. We use this as an assessment as opposed to a test (there is no pass or fail), the assessment allows our staff to track the ability and comfort level of all campers in the water. Campers then wear colour-coded wrist bands so that staff members can tell at a glance whether a camper is a weak or non-swimmer, or a strong swimmer. Some water activities may be restricted for campers who are non-swimmers or weak swimmers.

AFTER CAMP

RETURNING FROM CAMP

Just as it takes at least 48 hours for campers to adjust to Camp, so too will there be a readjustment period when your child returns home from Camp. The last day of Camp is a long one (the final campfire and closing ceremony often go late, and wake-up the next morning is often earlier than usual). Your child will likely be tired and full of many emotions. It is common for younger campers to be over-excited while older campers are often more melancholy over the separation from their friends and cabin leaders. Allow your child to tell you about his or her experience when he or she is ready.

Summer Camp Director, Ian Wiseman is always available to discuss any concerns that may arise once your child is home from Camp.

LOST AND FOUND

There are two laws of Camp Lost and Found. First, more is lost than found. And second, if it can get lost, it will. On a regular basis we try to comb through the Lost and Found bin to reunite articles with their owners. To make the process easier, label everything clearly. Information and links to Mabel's Labels can be found on our website.

We do our best during the Summer to return any lost items to their rightful owner (properly labelling all items greatly helps this process). However, every year there are several items that are left at Camp at the end of every Period. We make an attempt to return any and all labelled items to families.

- Lost and Found is brought to our Burlington Office in mid-September where it may be picked up.
- We will phone you and let you know of any found items.
- If you wish items to be sent by mail, appropriate postage charges are added to camper accounts.
- After two phone calls, we assume that you do not want the item back.
 - After October 31 each year, unclaimed lost and found is donated to a local charity.